

OPENING HOURS
MONDAY TO FRIDAY 8AM TO 5PM
SATURDAY 8AM TO 4PM
SUNDAY 10AM TO 2PM
BANK HOLIDAYS 10AM TO 4PM

FOLLOW OUR
CHILDCARE
ACCOUNTS:



FOLLOW
OUR CARE
ACCOUNTS:



OCTOBER NEWSLETTER

**WITHIN THE LAST YEAR IN CARELINE WE
HAVE HAD A CHANGE OF STAFF SO BELOW IS
A LIST OF OUR OFFICE STAFF AND THEIR JOB**

ROLE

DAVID - MANAGING DIRECTOR
HEATHER - REGISTERED MANAGER
LORRAINE - OPERATIONS MANAGER
RHEAN - FINANCE MANAGER
JESSICA - SENIOR CARE CONSULTANT
SUZANNE - LEAD RECRUITMENT OFFICER
OLIVIA - RECRUITMENT ADMINISTRATOR
MOLLY - CARE CO-ORDINATOR
EMILY - NURSERY & CARE CO-ORDINATOR
WENDY - WEEKEND TEAM
JO - WEEKEND TEAM

STAFF OF THE MONTH

**CONGRATULATIONS TO OUR STAFF OF THE
MONTH WINNER**

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**YING IS STAFF OF THE MONTH AS WE HAVE
RECEIVED SUCH LOVELY FEEDBACK FOR HER
KIND, CARING AND REASSURING APPROACH,
MAKING THOSE SHE SUPPORTS AND THEIR
FAMILIES FEEL SAFE, COMFORTABLE AND
TRULY CARED FOR.**



DON'T FORGET – THE CLOCKS GO BACK!

**THE CLOCKS GO BACK ONE HOUR ON THE
LAST SUNDAY OF OCTOBER.**



**REMEMBER TO CHECK YOUR CLOCKS AND
DEVICES, AND ENJOY THAT EXTRA HOUR IN
BED!**

**AS THE EVENINGS GET DARKER, TAKE A
LITTLE EXTRA CARE WHEN TRAVELLING OR
HEADING OUT.**

WELLBEING CORNER

**OCTOBER BRINGS A CHANGE OF PACE AS
AUTUMN SETTLES IN AND THE DAYS BECOME
SHORTER. IT'S A GOOD TIME TO PAUSE AND
CHECK IN WITH YOURSELF. TAKE A MOMENT TO
REFLECT ON WHAT YOU'RE PROUD OF THIS YEAR,
THE CHALLENGES YOU'VE OVERCOME AND WHAT
YOU'D LIKE TO FOCUS ON IN THE MONTHS AHEAD.
REMEMBER TO MAKE TIME FOR YOURSELF, EVEN
IF IT'S JUST A QUIET COFFEE, A SHORT WALK OR
A FEW MINUTES AWAY FROM YOUR SCREEN.
SMALL MOMENTS OF SELF-CARE CAN MAKE A
BIG DIFFERENCE.**

REMEMBER!

