

HAPPY NEW YEAR 2025

"Happy New Year 2025! May this year bring you joy, love, and success in all your endeavors."

Opening Hours

Monday to Friday 8am to 5pm

Saturday 8am to 4pm

Sunday 10am to 2pm

Bank Holidays 10am to 4pm

NEWSLETTER

CARELINE
The Agency For Care Staff

January 2025



Happy New Year to you all and welcome to our January Newsletter,

It's been a busy festive and New Year period for us, and all of our staff here at Careline!

We wanted to pass on our thanks and gratitude to all of our support workers and nursery staff for all your hard work over what was an extremely busy festive period.

Thank you for your dedication and here's to a busy 2025!

Our staff of the month for January is..

Joy Stallwood

Throughout 2024 and beyond Joy has continued to support our clients to such a high and professional standard. Joy has covered shifts at very short notice and always receives such lovely feedback from the clients she supports. Thank you for all your hard work, Joy!



Do you have a friend that's thinking of a new year, new start? A change in job can be the perfect start, with the flexibility of working for an agency being a positive next step!

If you recommend a friend you will receive £100 as a thank you!

SHIFTS

If you have an issue with a shift ie. if you are sick, have an emergency, have a problem with your car/public transport or if there is any other reason that you cannot make it to a booking that you have already agreed to, please make sure you **call the office and speak to someone asap**.

If you are unable to make a quick phone call, please ask someone else to do this on your behalf. Emails, texts and voicemails **ARE MISSED** and this leaves us and our clients in an extremely difficult situation. You can find our openings times above –please call within these times and if you don't get through straight away, please keep trying. Sometimes there is only one member of office staff available (on-call/weekends). Please bear with us!

If you need a top up of timesheets, mileage forms or contact notes please just pop us a message and we can get some out in the post to you.

This is a polite reminder to all staff to complete your training, once you are notified that it has been assigned. It's important that all training is kept up to date to meet our clients needs.

If you have any questions please contact the office to speak with Jessica, our Training Officer.

SELF CARE FOR CARE STAFF

TRY AFFIRMATION

WALK IN NATURE

LIGHT YOUR FAVOURITE CANDLE

MAKE A VISION BORD

BREATHE DEEPLY

EXERCISE OR YOGA

COOK YOUR FAVORITE MEAL

WRITE A JOURNAL

WRITE 5 THINGS YOU LOVE

WATCH THE SUNRISE

GO FOR A LONG WALK

SLEEP

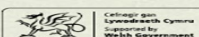


DRY JANUARY

CAN YOU STAY OFF THE BOOZE FOR 31 DAYS?

SIGN UP AT WWW.DRYJANUARY.ORG.UK

For more information, contact Alcohol Concern at dryjanuary@alcoholconcern.org.uk



Alcohol Concern
Preventing harm. Improving lives.

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