



STAFF OF THE MONTH

SUE MOORHOUSE

NEWSLETTER

Fancy earning an extra £100? Refer a friend to Careline and once they have complete their first shift, we will pay £100 directly into your bank account on pay day! Please call the office if you would like some more information.

WE ARE HIRING NOW!

CARELINE
THE AGENCY FOR CARE STAFF LIMITED

EXPERIENCED STAFF REQUIRED FOR:

- Learning Disabilities
- Physical Disabilities
- Mental Health
- Children & Young People
- Nursery

APPLY NOW! Tele: 0118 9585858
Send your CV to recruitment@carelineagency.co.uk

OCTOBER IS ADHD AWARENESS MONTH

ADHD (Attention Deficit Hyperactivity Disorder) is a very common disorder which affects children and adults. It has for many years been recognised as a childhood issue that affects focus, self-control and many other important skills, however, it has only recently been recognised as an adult problem too.



For more information, please visit <https://add.org/adhd-awareness/>

We have a huge stock of PPE available at the office for all staff. Please give us a call if you want some - there's plenty to go round!!

Availability

It really helps us in offering work to you if we know your availability. If you are looking for work, we would love to hear from you regularly!

Once you have given us your availability, we will put your name in the diary and then if work comes in we will give you first refusal. It is worth mentioning that by letting us know your availability, you are under no obligation to accept the work we offer you but it is helpful for us to know what you might be looking for work wise.

Remember, it is only when you accept work and we book you in, that we expect you to fulfil the booking. Please feel free to call us during office hours or you can text or email your availability through to us. We look forward to hearing from you!

Don't Forget!

On the last Sunday of October (29th) in the UK, the clocks go back by one hour. It may feel like a long time since the blue skies of summer, but the moment when the clocks go back marks the end of British Summer Time (BST).

NHS

COVID-19 VACCINE 2023

AUTUMN BOOSTERS

Residents and staff in older adult care homes

Everyone aged 65 and over

People aged 6 months to 64 years in a clinical risk group

Frontline health and social care workers

Household contacts of immunosuppressed people aged 12 to 64

Unpaid carers aged 16-64

CHRISTMAS PAY DAY

Pay day in December will be

Friday 22nd December

All timesheets **MUST** be received by 12noon on

Friday 15th December so that they can be processed in time

Autumn

SELF-CARE IDEAS FOR MENTAL HEALTH

- Take a cozy nap
- Drink hot chocolate or apple cider
- Light up a scented candle
- Start a new hobby
- Take a nature walk
- Enjoy warm socks
- Baking
- Journal



WHERE IS YOUR ID BADGE?

Do you know where your Careline ID Badge is - do you have it to hand? It's really important to make sure that you carry it with you at all times when attending shifts and/or supporting clients in the community. If you don't have one or want to change your photo gives a call in the office!